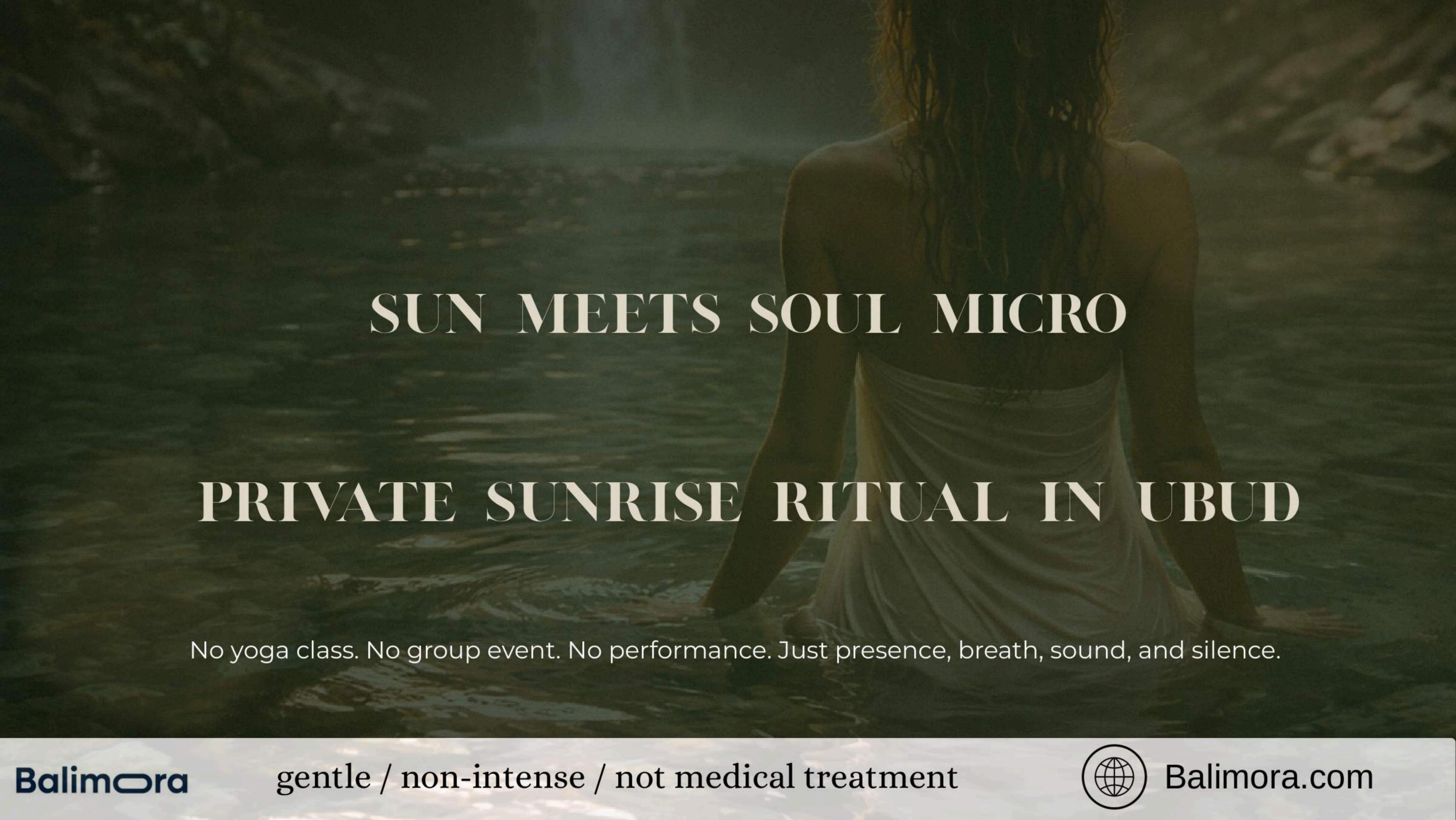


BALIMORA





SUN MEETS SOUL MICRO

PRIVATE SUNRISE RITUAL IN UBUD

No yoga class. No group event. No performance. Just presence, breath, sound, and silence.

A private sunrise micro-ritual for a calm, clear beginning — held in nature, away from crowds, noise, and “sunrise hotspot energy.”

Format: Private · 1–4 guests · 2–3 hours · Nature location in Ubud

Sun Meets Soul Flow

(Step-by-step, with timing)

All times are approximate windows. We keep the rhythm calm and flexible, adjusting to your sleep, energy, and sensitivity level.



1. Arrive in the first light (10–15 min)

A soft landing — no rush, no small talk pressure.

- **Welcome + tea/water**
- **Quick alignment: what you need most today (quiet mind / body release / sleep support)**
- **Before check-in : mental noise / body tension / presence**

2. Gentle Breathing + Nervous System Wake-Up (15–20 min)

Gentle, adapted breathing to guide your body out of stress mode

- **Coherent breathing (steady, non-intense)**
- **Soft mobility: spine, hips, shoulders**
- **Long pauses to integrate (silence is part of the ritual)**

3. Quiet Sound Reset (25–35 min)

Comfort-based body release — no pushing, no performance.

- **Gong opens and closes the space**
- **Core set: gong, handpan, singing bowls**
- **Long silence gaps (no “concert feeling,” no overwhelm)**



4. Integration (10–15 min)

- One sentence intention for the day (simple, grounded)
- 1–2 micro tools you can repeat at home (2–5 minutes)



5. Tea Moment (20–30 min)

- Tea + water (included)
- Optional gentle reflection
- Optional After check-in (0–10): mental noise / body tension / presence

What's Included

- Private session for 1–4 guests (no groups, no social pressure)
- 2–3 hour guided reset designed to reduce mental noise and body tension
- A calm, minimal structure — no performance, no “spiritual show,” no intensive practices
- Short pre-check-in via WhatsApp to understand your needs and energy level and Quick alignment on your wishes.
- Weather backup plan
- Tea + water

Investment & booking

1 person: \$190 | 2 persons: \$290 total | 3-4 persons: \$420 total

Typical window: 2-3 hours

Your exact start time is confirmed after booking,

Location & Transfers

Ubud area

Canggu / Pererenan / etc.: transfers and location logistics are **quoted case-by-case.**

WHATSAPP TO BOOK : +49 1512 9087953

RECEIVE A PERSONALIZED PROPOSAL WITHIN 24 HOURS

Investment & booking

Early Bird: 10% off (30+ days in advance)

Micro Credit: If you extend into a 3–7 day retreat within 14 days, 50% of your micro rate is credited (not combinable with Early Bird)

WHATSAPP TO BOOK : +49 1512 9087953

RECEIVE A PERSONALIZED PROPOSAL WITHIN 24 HOURS

Booking Options

Option 1 “Full Control” (Most Popular)

You simply tell us:

- your date window
- number of guests (1–4)
- where you’re staying
- 1–2 words about how you feel (e.g., “overloaded,” “jet lag,” “burnout”)

We take care of the rest and send you a clear booking confirmation.

Option 2 “Co-Create” (Choose Together)

We propose 2–3 simple versions of the session (e.g., more breath, more body release, more nature stillness) and you choose what feels best.

Add - Ons

- First Light Breakfast Ritual | from \$45 - 90 per person
- Private Sound Session | \$120 -220 per session
- Calm Waterfall Slot | from \$60–140 per session
- Linen Picnic | from \$70–160 per session
- Private Craft + Tea (atelier) ceramics/flowers in a small studio, private slot (60–90 min) | from \$60–150 pp
- Golden Hour Dinner (chef-to-villa light) calm 2–3 course dinner at your villa (90–120 min) | from \$45–90 pp
- Return Home Kit (7-day reset) \$25–45

Mount Batur / Volcano Sunrise Upgrade

If you want a stronger “energy booster” sunrise — with wide sky, altitude air, and an iconic volcano landscape — we can curate a Mount Batur sunrise version.

This option is still held in the Balimora way: quiet, private, low-drama, with a focus on presence (not crowds, not speed, not social noise).

Choose your Volcano Style

A) Viewpoint Sunrise (No Hike) — Calm & Comfortable

Ideal if you want the volcano atmosphere without physical intensity.

- Private driver pick-up (very early)
- Curated viewpoint timing (lower-crowd strategy)
- Balimora breath + stillness ritual at sunrise
- Tea/water moment after sunrise
- Return to your accommodation

Choose your Volcano Style

B) Sunrise Hike (Mount Batur) — Energy Booster

Ideal if you want movement + accomplishment + a deep “reset through effort.”

- Private pick-up + trusted local hiking guide
- Gentle pacing (not a race)
- Breath regulation on the trail (optional, light)
- Sunrise presence ritual at the top
- Tea/water + calm descent + return

What's included in the Volcano Upgrade

- Private sunrise ritual framework (breath + stillness + integration)
- Curated timing strategy (to avoid peak crowd stress where possible)
 - Coordination with trusted local providers
- Tea/water moment (or simple sunrise refreshments depending on route)

Note: Volcano options depend on weather, safety, and seasonal sunrise times.